

Minutes of Quarterly Business Meeting of SYTA

Saturday, January 14, 2012

1:00 PM

Wendy Fit Yoga & Pilates
13974 W. Hillsborough Ave.
Tampa, FL

Director: Susan Wasserman

Introductions

Description of New Meeting Format:

1. Announcements
2. Discussion

Announcements:

Workshop Committee: For future workshops, we have Kali Ray in October (but we may get her to replace Liliias for Spring), then we have Elise Miller the weekend of March 29, 2013.

Future Meetings & Continuing Education: Thank you Wendy Fit Studio for hosting us today. We then have Living Room Yoga for April, Yoga 4 All for July and Jai Dee Yoga in Tampa for October.

Yoga Day Tampa Bay-February 4, 2012: Various studios will offer free and reduced priced classes. We paid for an ad and have flyers available. The studios involved are Jai Dee Yoga, Wendy Fit Yoga & Pilates, The Longhouse Yoga Studio, Yoga 4 All, Yoga Village and White Orchid Yoga (Clearwater and Tampa). Please go and support them if you can.

Website: Feel free to use the website to promote any workshops that you may have and to update your information. If you don't know your login, contact Susan at swasserman@tampabay.rr.com. If you forgot your password, there is a link for that. You can check to see if you owe dues and enter workshops on our calendar.

Newsletter: Our editor, Diana Reed asks for more articles, recipes, or anything worthwhile that you want to send in. *It's your newsletter!!* Her email is dianareed@tampabay.rr.com.

Member Announcements:

There is an upcoming retreat presented by Nature Coast Yoga Teachers Association (formerly Spirit Springs) in late April. Sign up information is forthcoming!

Susan Rose has an upcoming YogaKids workshop on February 18th. Please contact her at susrose@aol.com for more information.

Discussion: Injuries in Yoga and how to prevent them

Meeting Adjourned: 1:55 PM

